

# Camp Turner Health Forms v. 2024.1

## PLEASE READ THESE INSTRUCTIONS

### Instructions for Physician's office

- Complete page 3 & 4, including medication authorization.
  - Campers may not attend without these pages completed.
  - Campers need your authorizations for all supplements including vitamins, melatonin, etc.
- attach Immunization Records
- attach results of most recent physical
- Return pages to parents so parents can send ***all pages as one packet.***

### Instructions for Parents:

- KEEP ALL 4 PAGES and the Physical and Immunization records together.
- Do not send pages separately.
- Do not double side forms.
- **Copy and retain all original pages.**
- Bring originals to check in as backup.
- Do not upload Forms or Photos into your online account.
- Health Forms are due at camp at least ***one week before arrival.***
- We must have written orders for these as well as prescriptions. Tell your doctor if your camper needs melatonin, vitamins, etc. so the doctor can authorize them.
- Parents complete pages 1 and 2.
- Attach a paper photo of camper's face to the paper page 1.
- Mail copies of all pages (pages 1-4, plus immunization records and physical) to Camp Turner, PO Box 264, Salamanca, NY 14779 at least 10 days before scheduled arrival.
- Campers who sign up for the optional trip (offered some sessions to ages 13 and up, see summer schedule) to the High Ropes Course, will need to download and complete a separate permission form. Check the website for details.

Camper's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Session \_\_\_\_\_ Year \_\_\_\_\_

**This page intentionally blank.**

Camper's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Session \_\_\_\_\_ Year \_\_\_\_\_

**Page 1**

**Camp Turner Health Forms v.2023**  
**Camper Information (by parent)**



Camper's Full Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Eye Color: \_\_\_\_\_ Hair Color: \_\_\_\_\_

Arrival Date \_\_\_\_\_ Age upon arrival \_\_\_\_\_

Parent / Guardian name	Home Phone	Work Phone	Cell Phone
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Second Parent / Guardian name	Home Phone	Work Phone	Cell Phone
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Emergency Contact (third option) name	Home Phone	Work Phone	Cell Phone
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Agency Contact if any name	Home Phone	Work Phone	Cell Phone
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Primary Health Insurance Carrier	Group ID Number	Policy Holder's Name	ID Number
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Camper's Primary Care Physician	Physicians Location	Phone	Fax
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**No contact allowed with** \_\_\_\_\_

**Medication Allergies:** \_\_\_\_\_

**Food Allergies:** \_\_\_\_\_

**Activity Restrictions:** \_\_\_\_\_

**Dietary Restrictions:** \_\_\_\_\_

**Eating Disorder:** \_\_\_\_\_

**Threatened or attempted suicide?** \_\_\_\_\_

**Other trauma we need to be aware of:** \_\_\_\_\_

**Notes for the nurse:** \_\_\_\_\_

**Attach additional pages if needed.**

**Parents, please write a separate note to the cabin counselor to be delivered by you and discussed upon arrival.**

Camper's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Session \_\_\_\_\_ Year \_\_\_\_\_

## Page 2

**PARENTS: Please report answers to the following for your camper.**

Recent illness or injury: \_\_\_\_\_

Recent hospitalization: \_\_\_\_\_

Infectious / communicable disease: \_\_\_\_\_

Have wheezing or shortness of breath? \_\_\_\_\_

Seizures: \_\_\_\_\_

Loss of Consciousness: \_\_\_\_\_

Diabetes: \_\_\_\_\_

Other chronic condition: \_\_\_\_\_

Had fainting or dizziness: \_\_\_\_\_

Passed out or had chest pain during exercise: \_\_\_\_\_

Had problems falling asleep or sleep walking: \_\_\_\_\_

Back or joint pain: \_\_\_\_\_

Skin Problems: \_\_\_\_\_

Abnormal Menstruation: \_\_\_\_\_

Have a history of bed wetting or incontinence: \_\_\_\_\_

Problems with diarrhea or constipation: \_\_\_\_\_

Traveled outside the US in the last 9 months: \_\_\_\_\_

Swimming Ability: \_\_\_\_\_

Behavior Issues: \_\_\_\_\_

Emotional Issues: \_\_\_\_\_

ADD / ADHD: \_\_\_\_\_

Chronic Fears: \_\_\_\_\_

Family Issues: \_\_\_\_\_

Personal crisis: \_\_\_\_\_

**Permission to treat:** By my signature below I give my permission to the representatives of Camp Turner to seek out and authorize emergency medical treatment including ordering x-rays or other routine tests, or surgical treatment that may be considered necessary or advisable in the event that I cannot be reached in a reasonable amount of time. I authorize any licensed physician or medical center chosen by representatives of Camp Turner to treat my child. I agree to the release of any records necessary for insurance purposes. I agree that my health insurance will be the primary payer for all medical care, treatments, legal services or other necessary services received by or performed on my child while in the care of Camp Turner or its agents.

I agree to allow my camper's pediatrician to release medical records including immunization records and results of most recent physical to Camp Turner via the camp's Registered Nurse.

By the signature below, I attest that all the information is **complete** and **accurate** to the best of my knowledge and belief. I understand that this information is confidential and will only be shared with those in direct care of my child.

\_\_\_\_\_  
Signature of Parent or Legal Guardian

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date Signed

### Page 3

**Physician's Office, please:**

- **Attach current Immunization Records.**
- **Attach most recent physical.**
- **Complete medication authorization below / or provide written orders.**
- **Sign / stamp the bottom of this page.**

**We have written orders from the physician to administer prescription OR over-the-counter medications. The orders may be written below, or provided on the physician's letterhead or script. Medication will only be accepted in original containers. All medications are locked in the infirmary and administered under the supervision of our nurses.**

#### Circle "YES" to authorize OR circle "NO" to disallow

Drug	Use	Approval	Comments, recommendations, restrictions
Tylenol or children's Tylenol.	Pain / fever / headache	Yes / No	
Ibuprofen or children's Ibuprofen	Pain / fever / headache	Yes / No	
Tums	Upset stomach	Yes / No	
Benadryl or equivalent	Allergic reaction, insect bites, ALLERGY reactions.	Yes / No	
Cetirizine HCL (Zyrtec)	Allergy Relief	Yes / No	
Loratadine (Claritin)	Allergy Relief	Yes / No	
Cough Drops	Sore or scratchy throat	Yes / No	
Sore Throat Spray	Sore or scratchy throat	Yes / No	
Band Aid Cleansing Foam (or similar)	Cleaning cuts or scrapes	Yes / No	
Triple Antibiotic Cream	Apply to cuts or scrapes	Yes / No	
Burn gel (after ice)	Sunburn other minor burns	Yes / No	
Desitin (zinc oxide cream)	Rash (self-administered by camper)	Yes / No	
Caladryl lotion	Insect bites, plant reactions	Yes / No	
Tussin DM	Cough	Yes / No	
Benzocaine (Sting Ease / After Bite)	For insect bites after icing.	Yes / No	
Miralax / Clearlax	For Constipation	Yes / No	
Sunscreen	Prevent sunburn – self-administered by camper with staff assistance as needed.	Yes / No	
Insect Spray	Prevent insect bites – self-administered by camper with staff supervision and assistance as needed.	Yes / No	
Melatonin 1 mg	Now stocked due to popular demand.	Yes / No	Please indicate authorized dosage: _____

Other medications authorized not listed above including including **vitamins, melatonin, etc.**

Medication	Route	Dose	Schedule	Diagnosis – Reason for taking

Camper's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Session \_\_\_\_\_ Year \_\_\_\_\_

This patient's last physical exam was on \_\_\_\_\_  
Date

At the time of this examination this patient is:

\_\_\_\_\_ Recommended for a highly active overnight camping program. Participation poses no  
Foreseeable health risk to this patient OR to others living, eating and sleeping in proximity

\_\_\_\_\_ Recommended with these **restrictions:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**COMPLETE MEDICATION AUTHORIZATION ABOVE!**

**Attach Physical and Immunization Records!**

\_\_\_\_\_  
Printed Name of Healthcare provider Signature Date

\_\_\_\_\_  
Location Phone Number

Physicians Stamp: